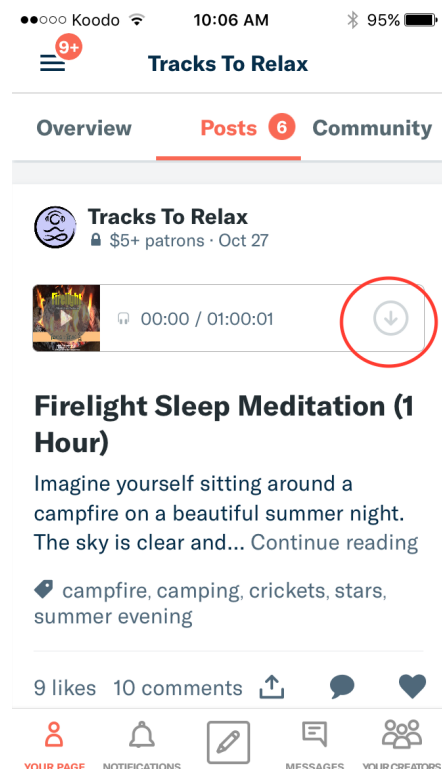
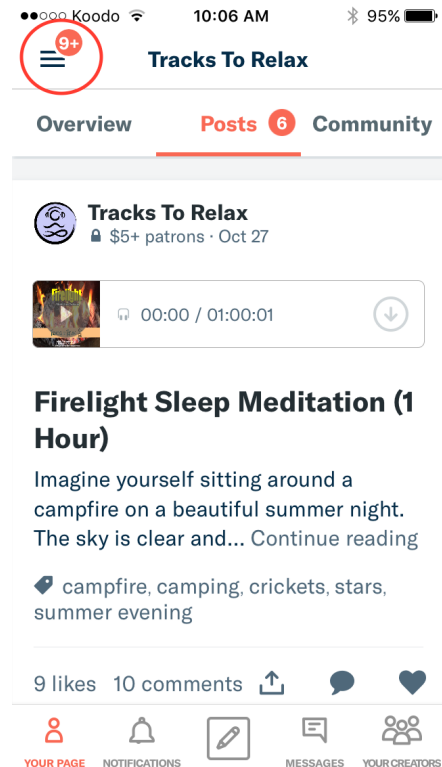


Let me start this post by saying thank you to all our patrons for supporting Tracks To Relax and the creation of our relaxing meditations. To get the most out of our meditations on this platform, You can stream the meditations through your browser on your computer, however **if you are using a mobile device or tablet** then I recommend that you visit the APP Store or Google Play and download the Patreon APP as it works much better on those platforms.

If you don't want to install the APP then I suggest that you download the meditations you want to listen to. You can then put them on your Apple device using iTunes or onto your Samsung device using the information found at <https://www.androidcentral.com/how-copy-music-your-android-phone>

Once you have the Pareon app installed on your device, you can access and download (by clicking on the circled down arrow beside the play button, see image attached) all the Tracks To Relax meditations and then download them right into the APP. Then all you have to do is click the menu tab at the top left of the app, then click Audio Downloads and the meditations you have download will appear listed. Click on any meditation to play it. See the attached screen image.



I hope this helps you enjoy the meditations and makes it a bit easier to manage your listening.

Thanks again for being a Patron!

●●○○○ Koodo

10:03 AM


95%

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